

**God Is Bigger Than The
Boogie Man**

God Is Bigger Than The Boogie Man

Introducti on: More Than a Childhood Song

The phrase "God Is Bigger Than The Boogie Man" is instantly recognizable to millions of parents and children who have enjoyed the classic

~~VeggieTales~~

video, *Where's God When I'm Scared?* On the surface, it is a catchy, upbeat tune designed to help toddlers overcome their fear of the dark or the imaginary monster under the bed. However, this simple lyric carries a profound theological weight that extends far beyond the nursery. It

~~encapsulates a~~

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Phrase: One tenet of the Christian faith: the absolute sovereignty and supremacy of God over all forces of chaos, fear, and darkness. This article explores the depth of that statement, examining how the truth that God is greater than any "boogie man" applies to the very real, very adult fears we face every day, from financial insecurity and health crises to anxiety about the future.

The Origin of the

From VeggieTales to Theology

To fully appreciate the power of the statement "God Is Bigger Than The Boogie Man," we must first understand its context. The song was performed by Junior Asparagus and Larry the Cucumber, two beloved characters from the VeggieTales series. The episode addresses the common childhood fear of monsters, a fear that feels

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paralyzingly fear against the
to a young child. Creator of the
The song's simple universe. The
message—that genius of the
God's power is VeggieTales song
is infinitely greater is that it packages
than any this heavy,
imagined comforting truth
threat—offers into a format a
immediate child can sing in
comfort. This the dark. It plants
concept is not a seed of faith
merely a modern that can grow to
invention for overcome the
children's more
entertainment; it sophisticated
is a deeply "monsters" of
biblical theme adulthood.
that runs from
Genesis to
Revelation. The
"boogie man" in
our lives changes
form as we age,
but the
fundamental truth
remains
unchanged: no
adversary, seen or
unseen, can stand

Understan ding Childhood Fears and the "Boogie

Man"

Psychologists tell us that childhood fears, particularly of the dark or of imaginary creatures, are a normal part of cognitive development. They represent a child's emerging understanding of a world that is not always safe. The "boogie man" is a symbol of the unknown, the unseen threat that the child cannot control. This fear is primal. When we tell a child, "God Is Bigger Than The Boogie Man," we are not dismissing their fear. Instead, we

are redirecting it toward a source of ultimate safety. We are teaching them a hierarchy of power. The monster under the bed may feel big and scary, but God is bigger and stronger. This does not simply mask the fear; it replaces it with a foundation of trust. It teaches the child that their security does not depend on their own ability to fight or hide, but on the protective power of a loving Father. This early lesson in faith is the first brick in a wall of spiritual resilience that will be tested

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later in life. The child who learns that God is bigger than the monster under the bed is better prepared to learn that God is bigger than a difficult exam, a broken friendship, or a frightening diagnosis.

The Theological Truth: God's Sovereignty Over Fear

At its core, "God Is Bigger Than The Boogie Man" is a statement about the sovereignty of

God. Sovereignty means that God has supreme power and authority over all creation. Nothing happens outside of His knowledge or permission. For the believer, this is the ultimate antidote to fear. When we say God is bigger, we are affirming several key theological concepts:

- **God's Power is Absolute:** He is omnipotent. No force in the universe, physical or spiritual, can overpower Him. Colossians 1:16-17

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reminds us
that all
things were
created by
Him and for
Him, and in
Him, all
things hold
together.

This
includes the
"boogie
men" of our
lives,
whether
they are
financial
struggles,
relational
conflicts, or
spiritual
attacks.

- **God's
Knowledge
is Perfect:**
He is
omniscient.
The "boogie
man" thrives
in the

shadows of
the
unknown.
We fear
what we do
not
understand.
But God
knows
everything.
He sees the
future,
understands
our hearts,
and knows
the outcome
of every
situation.
There is
nothing
hidden from
His sight.
This means
our fears, no
matter how
deep or
confusing,
are fully
known to
Him.

God Is Bigger Than The

• God's Boogie Man

**Presence is
Constant:**

presence is
always
there.

He is
omnipresent
. The fear of
being alone
or facing a
threat by
ourselves is
a powerful
one. Yet the
Bible
repeatedly
assures us
that God will
never leave
us nor
forsake us.
He is with us
in the dark,
just as He is
with us in
the light.
The "boogie
man" may
lurk in the
shadows,
but the light
of God's

These three
attributes—omnip
otence,
omniscience, and
omnipresence—fo
rm an
impenetrable
fortress against
the terrors of the
night, whether
those terrors are
imaginary
monsters or very
real crises. The
simple children's
song, therefore, is
a profound
confession of faith
in a God who is
truly in control.

Biblical Foundatio

Is Bigger Than the Boogie Man"

The Bible is filled with verses that echo the sentiment of the VeggieTales song. These scriptures provide the solid foundation upon which this childlike faith is built.

The Psalms: A Prayer Against the Fear of the Night

Psalms 91 is perhaps the most famous biblical

passage on protection from hidden terror. It speaks directly to the fear of the "boogie man." Verse 5 states: **"You will not fear the terror of night, nor the arrow that flies by day."** This verse acknowledges that threats come in different forms, both in the dark (hidden, mysterious) and in the light (open, obvious). The Psalmist's response is not to deny the existence of these threats but to assert that God's refuge and fortress are greater. The

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"terror of night" is fishermen, are the adult terrified. They equivalent of the wake Jesus, who monster under is sleeping the bed, and the peacefully. He Psalmist rebukes the wind proclaims that and the waves, God is bigger. and there is a great calm. He

The New Testament: Jesus Calms the Storm

In Mark 4:35-41, we find a powerful illustration of the phrase "God Is Bigger Than The Boogie Man." Jesus and his disciples are crossing the Sea of Galilee when a furious storm arises. The disciples, many of whom were experienced

asks, **"Why are you so afraid? Do you still have no faith?"** The "boogie man" for the disciples was a literal storm that threatened to sink their boat. But Jesus demonstrated that He was bigger than the storm. He is the Lord of creation, and even the wind and the waves obey Him. This story is a direct

challenge to us. Our "storms" may look different, but the same Jesus who silenced the sea is with us in our boat.

Paul's Assurance: Nothing Can Separate Us

In Romans 8:38-39, the Apostle Paul gives us a definitive list of "boogie men." He writes: **"For I am convinced that neither death nor life, neither angels nor demons, neither the present nor the future, nor any powers, neither height nor depth, nor**

anything else in all creation, will be able to separate us from the love of God that is in Christ Jesus our Lord." This is the ultimate

expression of the phrase. Death, demons, the future, hidden powers—these are all "boogie men" of the highest order. Yet Paul declares with absolute confidence that they are all inferior to the love of God. God is not just a little bigger than these things; they are dwarfed by His infinite love and power. This passage moves us

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from a childish alone. These fears
fear to a mature, are not childish.
unshakeable faith. They are real and

Applying This Truth to Adult Fears

While we may have outgrown the fear of a literal monster under the bed, we have simply traded it for more sophisticated fears. The "boogie man" of adulthood wears many masks. It might be the fear of cancer, the fear of bankruptcy, the fear of losing a loved one, the fear of failure, or the fear of being

they are heavy. How do we apply the truth of "God Is Bigger Than The Boogie Man" to these grown-up anxieties?

1. **Name Your Boogie**

Man: The first step is to identify what you are actually afraid of. Fear thrives on vagueness. The monster under the bed was scary because you couldn't see it clearly. By naming your fear — "I am

afraid I will not have enough money for retirement"—you bring it into the light. This does not make it disappear, but it makes it manageable and specific enough to pray about.

2. **Contrast**

Your Fear with God's Character:

Once you have named the fear, deliberately compare it to the character of God. Your financial

fear may be big, but is it bigger than God, who owns the cattle on a thousand hills? Your fear of illness may be real, but is it greater than God, who is the Great Physician? Your fear of the future may be unsettling, but is it more powerful than God, who holds the future in His hands? This mental exercise of comparison

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is a spiritual mindfulness

discipline
that
strengthens
faith.

—is how we
remind
ourselves
that we are
not alone.

3. **Practice the Presence of**

God: The
disciples
were
terrified
because they
forgot Jesus
was in the
boat with
them. We
often do the
same. We
look at the
storm and
forget the
Savior. The
practice of
God's
presence—th
rough
prayer,
scripture
reading, and

When you
feel the
"boogie
man" of
anxiety
approaching,
pause and
whisper,
"God is with
me. He is
bigger than
this." This
prayer is not
a magic
charm; it is a
reorientation
of your trust.

4. **Build a Community of Faith:**

The
VeggieTales
song is
usually sung

in the company of others. Fear is often an isolating experience. It tells us we are the only ones who are scared. By sharing your fears with a trusted friend, pastor, or small group, you break the power of isolation. You also allow others to sing the song with you. They can remind you that God is bigger when you have

forgotten. The body of Christ is designed to help us carry our burdens and fight our fears together.

Practical Steps to Embrace This Truth Daily

Knowing that "God Is Bigger Than The Boogie Man" is one thing. Living it out is another. Here are practical, daily steps to help you internalize this truth:

- **Start Your**

God Is Bigger Than The Boogie Man as Your Day with a

Declaration

: Before your feet hit the floor, speak the truth out loud. Say, "Today, I will face challenges, but God is bigger than every one of them. He goes before me, He is with me, and He is my rear guard." Speaking this aloud sets the tone for your day and trains your brain to default to faith rather than fear.

• Use

Scripture

Shield:

Memorize a few key verses that speak to your specific fears. When the "boogie man" of worry attacks, fight back with the sword of the Spirit. For example, if you struggle with anxiety, memorize Philippians 4:6-7, which tells us not to be anxious but to present our requests to God. The peace of God, which

surpasses all understanding, will guard your heart and mind. That peace is stronger than the anxiety.

- **Reframe Your Problems:**
Instead of seeing a problem as a disaster, try to see it as an opportunity to see God show up. When you are faced with a big

"boogie man," ask yourself, "How big is my God going to show Himself in this situation?"

This reframes the challenge from a threat to a stage for God's glory. It turns your fear into expectancy.

- **End Your Day with Gratitude:**
At the end of each day,