

Teaching Of The Twelve Apostles

Unveiling the Didache: A Journey into the Teaching Of The Twelve Apostles

For centuries, the early Christian world was understood primarily through the lens of the New Testament canon and the writings of the early Church Fathers. However, a remarkable discovery in a library in Constantinople in 1873 changed our understanding of primitive Christianity forever. A manuscript containing a text known as the **Teaching Of The Twelve Apostles**, or simply the Didache, was unearthed. This ancient document, dating back to the late first or early second century, offers a breathtaking glimpse into the life, liturgy, and moral instruction of the earliest Christian communities. It is, in many ways, a manual for what it meant to be a follower of Jesus before the church had fully formed its hierarchical structures and standardized doctrines. This article will explore the profound significance, structure, and enduring legacy of the Teaching Of The Twelve Apostles, demonstrating why it remains a vital text for historians, theologians, and anyone curious about the roots of Christianity.

The Didache is not a lengthy gospel or a complex theological treatise. Instead, it is a concise, practical guide. Its Greek title, *Didachē Kyriou dia tōn Dōdeka Apostolōn tois Ethnesin*, translates to "The Teaching of the Lord through the Twelve Apostles to the Gentiles." This title immediately establishes its authority, presenting itself as the distilled instruction of Jesus himself, passed down through his chosen apostles. While modern scholarship debates its exact provenance—some suggesting Syria, others Egypt or Palestine—its content is universally recognized as authentic to the earliest post-apostolic period. The text provides an unparalleled window into a church that was still wrestling with its identity, its relationship to Judaism, and the practical challenges of building new communities of faith.

The Two Ways: The Moral Foundation of the Didache

The most distinctive and recognizable section of the **Teaching Of The Twelve Apostles** is its opening chapter, which presents the "Two Ways": the Way of Life and the Way of Death. This moral catechesis is a clear adaptation of a Jewish ethical tradition, likely based on the Hebrew concept of the *derekh erez* (the way of the land) and reflecting themes found in the Book of Deuteronomy and the Qumran community's "Rule of the Community." The Didache, however, Christianizes this framework, placing love of God and neighbor, and the ethical teachings of Jesus, at its center.

The Way of Life begins with the fundamental commandment: **"First, you**

shall love God who made you; second, your neighbor as yourself." This is immediately followed by the Golden Rule in its negative form: "And whatever you do not wish to happen to you, do not do to another." From there, the text unfolds a series of clear, actionable instructions that echo the Sermon on the Mount. It teaches against murder, adultery, pederasty, fornication, theft, magic, sorcery, and abortion. It instructs believers to turn the other cheek, to give to everyone who asks without expectation of return, and to be patient, merciful, and peaceable. This is not abstract theology; it is a manual for daily discipleship.

In stark contrast, the Way of Death is described as a path paved with evil. The author provides a catalogue of sins: "murders, adulteries, lusts, fornications, thefts, idolatries, magical arts, sorceries, robberies, false testimonies, hypocrisies, double-heartedness, craftiness, arrogance, maliciousness, stubbornness, covetousness, foul talk, jealousy, insolence, pride, and boasting." This stark dichotomy served a clear purpose for early Christians who were navigating a pagan world. It provided a clear, binary moral compass. The Two Ways section is a powerful reminder that early Christian identity was profoundly ethical. Being a follower of Jesus was not merely a matter of belief, but of living a distinct and transformed life.

Liturgy and Sacraments: The Worship of the Early Church

Beyond its moral teaching, the **Teaching Of The Twelve Apostles** is an invaluable resource for understanding the earliest forms of Christian worship. Chapters 7 through 10 provide detailed instructions on baptism, fasting, prayer, and the Eucharist, revealing a church that was already developing ritual structures while still retaining a sense of immediacy and freedom.

Baptism: A Living Tradition

The Didache offers the most detailed description of baptism from the first century. It instructs that baptism should be performed "in the name of the Father, and of the Son, and of the Holy Spirit" in "living water" (running water, like a stream or river). Interestingly, the text shows flexibility in practice. If running water is not available, the Didache allows for baptism in "other water" (still, cold water), and if cold water is not available, then in warm water. If there is not enough water for immersion, the text permits affusion (pouring water three times on the head). This pragmatic approach reveals a church that valued the spiritual reality of the sacrament over rigid ritualism. The baptismal candidate and the baptizer are also instructed to fast for one or two days beforehand, highlighting the seriousness and solemnity of the initiation process.

Fasting and Prayer

The Didache also provides striking evidence of the early church's separation

from Judaism. It instructs Christians not to fast with the "hypocrites" (a common term for Jews in early Christian literature) on Mondays and Thursdays. Instead, Christians are to fast on Wednesdays and Fridays. Similarly, it is not to pray as the hypocrites do, but rather to pray the Lord's Prayer three times a day. This deliberate differentiation was crucial for a movement establishing its own identity. The text provides the full text of the Lord's Prayer from Matthew 6, but with a minor doxological addition: "For yours is the power and the glory forever." This is one of the earliest uses of a doxology in Christian prayer.

The Eucharist: A Thanksgiving Meal

Perhaps the most fascinating liturgical section of the **Teaching Of The Twelve Apostles** concerns the Eucharist. This is not the later, developed liturgy of the second-century Church Fathers. It is a simple, almost domestic, meal of thanksgiving. The Didache provides specific prayers of thanksgiving for the cup and the bread. The prayer for the cup precedes the prayer for the bread, which is the reverse order of the later Eucharistic tradition. The prayers are filled with apocalyptic and Christological imagery. For the cup, the text prays: "We give you thanks, our Father, for the holy vine of David your servant, which you made known to us through Jesus your servant." For the bread, it prays: "We give you thanks, our Father, for the life and knowledge which you made known to us through Jesus your servant."

The language is deeply Jewish in its structure, yet completely Christian in its content. The term "servant" (Greek: *pais*) for Jesus is a christological title that emphasizes his role as the suffering servant of Isaiah. The prayers are a bridge between the Jewish *berakah* (blessing) and the later Christian Eucharistic prayers. Importantly, the Didache stipulates that only baptized believers may partake of the Eucharist: "Let no one eat or drink of your Eucharist except those who have been baptized in the name of the Lord." This is the earliest clear evidence for the practice of closed communion, reinforcing the idea that the Eucharist was a sacred meal for the community of the faithful.

Community Life and Ministry: Prophets, Teachers, and Bishops

The **Teaching Of The Twelve Apostles** also provides a dynamic picture of early church leadership and community organization. It describes a fluid system where itinerant apostles, prophets, and teachers were highly valued, but where local bishops and deacons were also beginning to emerge as stable leaders. This dual structure reflects a church in transition from charismatic, Spirit-led ministry to a more settled, institutional form of governance.

The text offers specific criteria for discerning true from false prophets. A

prophet who stays for more than two or three days, or who asks for money, is a false prophet. A true prophet who teaches the truth but does not practice what they preach is also to be rejected. The Didache instructs the community to welcome prophets as they would the Lord, but to test them. This instruction highlights the early church's struggle to maintain spiritual authenticity without falling into the trap of financial exploitation or moral hypocrisy by charismatic leaders.

Importantly, the Didache gives instructions for the appointment of local, settled leaders. "Appoint for yourselves bishops and deacons worthy of the Lord," it says, describing them as "men who are gentle, not lovers of money, truthful, and proven." This is a clear mandate for the congregation to select its own leaders, a far cry from the later hierarchical model of bishops ruling over dioceses. The role of these local leaders was to "perform the ministry of the prophets and teachers," suggesting that as the charismatic, traveling ministry declined, the settled ministry of the Eucharist, teaching, and pastoral care was taken up by the bishops and deacons. This text is crucial for understanding how the threefold order of bishop, presbyter, and deacon (which becomes standard in the later church) gradually developed.

Eschatology and Final Exhortation: The End is Near

The **Teaching Of The Twelve Apostles** concludes with a powerful, urgent eschatological chapter. It anticipates the end of the world and the return of Christ. It warns that in the last days, false prophets and corrupters will increase, and love will turn to hatred. It describes the coming of the "world-deceiver" (the Antichrist) who will commit abominations. The text urges believers to be watchful and to gather together frequently, seeking the things that benefit their souls, for "the whole time of your faith will not profit you if you are not made perfect in the last time."

The final verses of the Didache are a cry of longing for the second coming: "Let grace come and let this world pass away. Hosanna to the God of David! If anyone is holy, let him come; if anyone is not, let him repent. Maranatha. Amen." The Aramaic word *Maranatha* ("Our Lord, come!") is preserved untranslated, echoing the earliest Christian prayer recorded in 1 Corinthians 16:22. This apocalyptic fervor is the driving force behind the entire text. The moral instruction, the liturgical practices, and the community structure were all designed to prepare a holy people for the imminent return of their Lord. The entire document is, in a sense, a manual for living in the last days.

The Enduring Legacy of the Teaching Of The Twelve Apostles

For nearly 1,400 years, the **Teaching Of The Twelve Apostles** was lost to the Western world. Its discovery in the late 19th century sent shockwaves through the academic and ecclesial communities. It provided the missing

link between the New Testament and the writings of the Apostolic Fathers. It confirmed that many later Christian practices—such as baptismal regeneration, the Eucharist as a sacrifice, and the threefold ministry—had roots in the very earliest generations of Christians. At the same time, it challenged assumptions about the uniformity of early Christianity, revealing a world of charismatic authority, simple liturgies, and a powerful ethical dualism.

Today, the Didache continues to be a source of fascination and inspiration. For scholars, it is a primary source for the history of early Christian liturgy, ethics, and church order. For pastors and lay Christians, it offers a refreshingly simple and direct vision of discipleship. It strips away centuries of theological complexity and returns to the basics: love God, love your neighbor, live a pure life, pray with sincerity, share your possessions, and eagerly await the return of Christ. The **Teaching Of The Twelve Apostles** is not just an ancient artifact; it is a living voice from the past that challenges Christians to examine the authenticity of their faith and practice.

Conclusion

The rediscovery of the Didache has given us a precious artifact: a manual for discipleship that is both ancient and surprisingly modern. The **Teaching Of The Twelve Apostles** reveals a Christian community that was intensely ethical, deeply liturgical, and fervently apocalyptic. It provides a clear moral pathway in the "Two Ways," practical instructions for baptism, fasting, and the Eucharist, and a system for discerning authentic leadership. Far from being a dusty relic, this text calls readers back to the fundamentals of faith: loving God, loving others, and living in joyful anticipation of the coming Kingdom. It remains a foundational document for understanding the very beginning of the Christian movement and the apostolic teaching that shaped it.