

Matt Chandler Philippians Study Guide

Discovering Joy in Every Circumstance: A Look at the Matt Chandler Philippians Study Guide

The Apostle Paul’s letter to the Philippians is often called the “Epistle of Joy.” Written from a Roman prison, it radiates a deep, unshakable contentment that seems almost impossible given the author’s circumstances. How can a man in chains speak so freely about rejoicing? This question has captivated Christians for centuries, and few modern teachers have unpacked its relevance as powerfully as Matt Chandler. His teaching series and accompanying **Matt Chandler Philippians Study Guide** have become essential resources for small groups, Sunday school classes, and individual believers seeking to understand the secret of Christian joy in a world of anxiety and hardship.

In this article, we will explore the key themes of Chandler’s approach to Philippians, examine what makes this study guide unique, and offer practical ways to incorporate its insights into your personal or group study. Whether you are leading a Bible study or simply looking for a deeper walk with Christ, this guide provides a roadmap to the joy that transcends circumstances.

Who Is Matt Chandler and Why His Teaching Matters

Matt Chandler is the lead pastor of The Village Church in the Dallas-Fort Worth area and the president of the Acts 29 Network. Known for his passionate, Christ-centered preaching and his willingness to address both the struggles and the glories of the Christian life, Chandler has a gift for making deep theological truths accessible without dumbing them down. His own battle with brain cancer has given him a unique perspective on suffering and joy—a perspective that shines through in his exposition of Philippians.

His [sermon series on Philippians](#) is widely acclaimed, and the accompanying study guide distills those sermons into digestible lessons. The guide is not a dry commentary; it is a workbook designed to provoke reflection, discussion, and life change. Each session combines Scripture reading, video teaching (if used with the video series), discussion questions, and practical application points.

Structure of the Matt Chandler Philippians Study Guide

The study guide is typically divided into several sessions, each corresponding to a portion of Paul’s letter. While the exact number of sessions may vary by edition, most versions follow the flow of the book’s four chapters. Let’s break down the major sections you can expect.

Session 1: The Gospel Advances Through Suffering (Philippians 1)

Chandler opens by confronting a common misconception: that joy is the absence of pain. Instead, he shows how Paul models a joy that exists in the midst of hardship. The study guide asks participants to examine their own view of suffering and to see how God uses trials to advance the gospel. Key verses include Philippians 1:12-14, where Paul declares that his imprisonment has actually served to spread the gospel. This session challenges readers to reorient their perspective: our circumstances are not the point—the gospel is.

Practical questions in the guide might include:

- When have you seen God use a difficult situation for good?
- How do you typically respond to suffering? Does your response reflect the joy of Christ?
- What would it look like for you to “rejoice” even when life feels unfair?

Session 2: The Mind of Christ (Philippians 2)

This session delves into the famous Christ hymn of Philippians 2:5-11. Chandler emphasizes that true unity in the church comes not from shared preferences or personalities but from a shared mindset—the humility of Jesus Christ. The study guide explores how Christ emptied Himself, took the form of a servant, and became obedient to death. This is the pattern for Christian community. Participants are encouraged to examine their own pride and to actively pursue humility in their relationships.

Chandler often adds a modern twist: he asks whether we are more concerned with being right than with being like Jesus. The guide includes exercises for identifying areas where we demand our own way and then offers practical steps toward servant-heartedness.

Session 3: Pressing On Toward the Goal (Philippians 3)

Philippians 3 is a powerful call to forget what lies behind and strain forward toward what lies ahead. In this session, Chandler unpacks the “righteousness that comes from God by faith” versus self-righteousness. He uses Paul’s own credentials—his pedigree as a Pharisee—to show that human achievements mean nothing compared to knowing Christ. The study guide encourages readers to let go of past failures, past successes, and even past religious performance. The goal is not moral improvement; it is Christ Himself.

This is often the most convicting session. Chandler does not shy away from calling out the “false gospels” we cling to: the gospel of approval, the gospel of comfort, the gospel of success. The guide helps identify these idols and turns the reader back to the true gospel.

Session 4: The Peace of God and the God of Peace (Philippians 4)

The final session focuses on Paul’s famous exhortations: “Rejoice in the Lord always” and “Do not be anxious about anything.” Chandler acknowledges that anxiety is a real struggle for many believers, but he does not offer shallow platitudes. Instead, he grounds the antidote to anxiety in prayer, thanksgiving, and the presence of God. The study guide walks through the discipline of bringing everything to God in prayer and

learning to think on whatever is true, honorable, just, pure, lovely, and commendable.

This session often includes a practical application: creating a “gratitude list” or a plan for replacing anxious thoughts with Scripture. Chandler’s teaching here is both tender and direct, reminding readers that the Lord is at hand—and that His peace guards our hearts and minds.

Why This Study Guide Stands Out

There are dozens of study guides on Philippians, so what makes the one from Matt Chandler special? Several factors contribute to its popularity and effectiveness.

First, it is gospel-centered. Chandler consistently redirects every lesson back to the person and work of Jesus Christ. He does not turn Philippians into a self-help manual for positive thinking. He shows that real joy is a byproduct of knowing Christ, not a feeling we manufacture.

Second, it is application-oriented. Each session ends with specific, doable challenges. The study guide does not just inform; it transforms. Participants are asked to write down action steps, share prayer requests, and hold one another accountable.

Third, it is designed for community. While you can use it alone, the guide excels in a group setting. The discussion questions are crafted to foster honest conversation. Chandler’s teaching style is engaging on video, but the guide ensures that the conversation continues after the screen goes dark.

Fourth, it addresses real life. Chandler does not shy away from hard topics like suffering, anxiety, pride, and division. He speaks to the modern Christian who feels overwhelmed by culture, work, and family pressures. The Philippians study guide meets people where they are and points them to the hope of the gospel.

How to Get the Most Out of the Matt Chandler Philippians Study Guide

If you are planning to use this guide, whether as an individual or with a group, here are some tips for maximizing its impact.

For Individual Study

- Set aside dedicated time each week. Don’t rush through the questions; let them simmer.
- Read the corresponding passage in Philippians before watching the video or reading the lesson. Let the Word speak first.
- Keep a journal. Write down insights, prayers, and areas where you feel challenged.
- Listen to the full sermon online if you want more depth. Chandler’s sermons are freely available on The Village Church website.

For Small Groups

- Assign a facilitator to keep the discussion on track and ensure everyone participates.
- Watch the video together at the start of the meeting, then spend most of the time on discussion and prayer.
- Encourage honesty. The guide asks hard questions; create a safe environment where people can share struggles without fear of judgment.
- End each session with a time of application. Have each person share one specific way they will apply the lesson that week.

Key Themes in the Matt Chandler Philippians Study Guide

To help you grasp the richness of this guide, here is a summary of the major biblical themes Chandler emphasizes.

- **Joy in Suffering:** Joy is not the absence of pain but the presence of Christ in the midst of pain.
- **Humility and Unity:** The church can only be unified when individuals adopt the servant mindset of Jesus.
- **Righteousness by Faith:** We are not saved by our efforts but by faith in Christ. This liberates us from performance-based Christianity.
- **Sanctification as a Journey:** We press on toward the goal, not in our own strength, but by the power of the Holy Spirit.
- **Peace through Prayer:** Anxiety is overcome when we bring our needs to God with thanksgiving, and His peace guards our hearts.
- **Contentment in Christ:** Paul learned to be content in any circumstance because his sufficiency was in Christ.

Where to Find the Matt Chandler Philippians Study Guide

The official study guide is available through The Village Church website and various Christian retailers. It often comes in a package with the DVD or digital video teaching sessions. You can also find digital versions for Kindle or other e-readers. Additionally, many churches license the video series for streaming through platforms like RightNow Media. If you are leading a group, check whether your church already has access.

If you cannot purchase the guide, you can still benefit from Chandler’s teaching by listening to the free sermon series online and using the questions in this article to guide your own reflection. However, the study guide provides a cohesive and structured experience that many find valuable.

Conclusion: Finding Lasting Joy in the Gospel

The **Matt Chandler Philippians Study Guide** is more than a Bible study; it is an invitation to experience the same joy that sustained Paul in a Roman dungeon. Through careful exposition, heartfelt application, and a relentless focus on Jesus, Chandler helps readers discover that joy is not

dependent on easy circumstances but on a deep relationship with the risen Lord. Whether you are wrestling with anxiety, struggling to find unity in your church, or simply longing for a deeper faith, this study guide offers a path forward—a path marked by humility, prayer, and the surpassing worth of knowing Christ Jesus our Lord. Pick it up, gather a few friends, and let the joy of Philippians transform your life.