

# The Unofficial Pokemon Go Field Guide

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Welcome, Trainer. Whether you are just stepping into the world of Pokémon GO or you are a seasoned veteran looking to sharpen your skills, understanding the game's deepest mechanics can be the difference between a missed catch and a new Pokédex entry. This resource, known as **The Unofficial Pokemon Go Field Guide**, has been crafted from hundreds of hours of community testing, careful observation of spawn patterns, and a healthy dose of trial and error. Because Niantic's official resources only scratch the surface, this guide is designed to help you navigate the augmented reality landscape with confidence. From mastering the curveball to predicting rare spawns, let's dive into the strategies that will make you a true Pokémon master.

## Understanding the Basics of

Before you can catch everything, you need to know where Pokémon come from. In Pokémon GO, spawns are not random. They are heavily influenced by location biomes and current weather conditions. This unofficial field guide breaks down these core systems.

### Biomes and Habitat

Every real-world location belongs to a biome—park, water, residential, industrial, mountain, or forest. Pokémon that match that environment appear more frequently. For example, water-type Pokémon cluster near lakes, rivers, and oceans. Grass-types love parks and nature reserves.

- **Water biome:** Magikarp, Psyduck, Poliwhag.
- **Mountain biome:** Clefairy, Zubat, Geodude.
- **Urban biome:** Pidgey, Rattata, Magnemite.
- **Forest biome:** Oddish, Bellsprout, Eevee.

Use this knowledge to plan your walks. If you need a specific type, head to the matching biome. The Unofficial Pokemon Go Field Guide suggests visiting local parks for

grass and bug types, and waterfronts for water types.

## Weather Boosts

Weather in Pokémon GO directly affects spawn rates and IVs (Individual Values). When the in-game weather matches a Pokémon's type, that Pokémon is boosted. For example, during rainy weather, water, electric, and bug types appear more often. Boosted Pokémon also have higher CP and better IVs (minimum 4/4/4).

- Check the in-game weather icon frequently.
- Plan your play sessions around weather that benefits the Pokémon you need.
- Boosted Pokémon are easier to catch due to higher CP – but don't let that fool you; they still require careful throws.

## Mastering Catching Techniques

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Every Trainer knows how to throw a Poké Ball. But there is a huge difference between catching and *efficiently* catching. This section of **The Unofficial Pokemon Go Field Guide** focuses on maximizing catch rates and minimizing wasted items.

### The Curveball Throw

A curveball is performed by spinning the Poké Ball in a circular motion before throwing. It rewards you with an extra 10 XP per catch and improves the catch probability

dramatically. To master it:

1. Hold the Poké Ball.
2. Spin it in the bottom right corner until it sparkles.
3. Swipe diagonally upward and slightly across the screen.
4. Practice the target ring – you want the ball to land when the circle is smallest for an “Excellent” throw.

Consistent curveballs are a hallmark of experienced players. They help you conserve Poké Balls, especially when you are low on stock.

## Berries and Their Uses

Use berries wisely. The Razz Berry makes a Pokémon less likely to flee and slightly easier to catch. The Golden Razz Berry nearly guarantees capture. The Pinap Berry doubles the candy you receive. The Nanab Berry calms movement.

A strategic sequence: If you encounter a rare spawn, start with a Golden Razz Berry, then throw a curveball with an Ultra Ball. For common Pokémon you need candy for, use a Pinap Berry and aim for Great or Excellent throws.

### Advanced Throwing: Setting the Circle

One advanced technique is the “set circle” or “lock trick.” Wait for the target ring to shrink to the desired size (Excellent), then let go of the ball. Wait for the Pokémon to attack, then throw your curveball during the attack animation. This ensures the ring is exactly the size you

want when the ball hits. Practice this to catch legendary raid bosses with minimal waste.

## The Art of Raiding

Raids are the endgame of Pokémon GO. Coordinating with other Trainers and choosing the right counters is critical. In **The Unofficial Pokemon Go Field Guide**, we break down raid mechanics so you can defeat any boss.

### Raid Tiers and Difficulty

- **Tier 1:** Can be soloed easily.
- **Tier 3:** Soloable with the right counters.
- **Tier 5 (Legendary):** Requires a group of 4-10 players depending on counters.
- **Mega Raids:** Similar to T5 but need mega energy.

Always research the boss's weaknesses before the raid. Poké Genie or any IV calculator will help you assemble a battle party.

### Counter Selection

Damage is king. Choose Pokémon that are strong against the raid boss's type, and that have fast moves of the same type (STAB - Same Type Attack Bonus). For example, against a Kyogre, use Electric or Grass types with high Attack stats. Avoid defensive Pokémon; raids are a race against the timer.

### Friendship and Damage Bonus

Raid with friends! Best Friends (4 hearts) give an extra 4 attack balls and a 10% damage boost. Ultra Friends give 3 balls. Always try to raid with people on your friends list to maximize rewards.

## Locating Rare Pokémon

You don't have to wander aimlessly. Rare Pokémon appear in specific places or during specific events. This section of **The Unofficial Pokemon Go Field Guide** gives you the inside scoop.

### Nests and Migration

Nests are specific parks or areas where a single species spawns frequently. Every two weeks (usually on Wednesdays), the nesting species shifts. Use community maps like the Silph Road's nest atlas to identify what is nesting near you. If you need a rare Pokémon like Scyther or Onix, nests are your best bet.

### Community Days and Events

Niantic announces monthly Community Days with a featured Pokémon. These events drastically increase spawns of that Pokémon, often with a special move. Additionally, seasonal events, Go Fest, and Safari Zones offer unique spawns. Always check the in-game news and plan your playing schedule around these windows.

## Lures and Incense

While lures and incense are common, use them strategically. Incense is most effective when walking at a steady pace. Lures can be stacked in a closed-loop of multiple PokéStops to create a “lure party.” During special events, the effectiveness of incense may increase, so save your resources for those periods.

## Combat and PVP

Battle is not just about raiding. The GO Battle League and Team GO Rocket encounters require a deep understanding of movesets, IVs, and shields.

### GO Battle League (GBL)

GBL uses CP-limited leagues: Great League ( $CP \leq 1500$ ), Ultra League ( $CP \leq 2500$ ), and Master League (no CP limit). Great League is the most accessible. Build teams with type coverage and Pokémon that have high stat product (Defense and HP matter more than Attack).

### Team GO Rocket

Rocket Grunts use specific shadow Pokémon. Learn their typical lineups and counters. For instance, a “Normal does not resist...” grunt will have Snorlax, Ursaring, etc. Always use fast-charging moves to break their shields quickly.

## IVs and PVP

For PVP, the ideal IV spread is often 0/15/15 (low Attack, high Defense/HP) because Attack adds more to CP, allowing you to power up closer to the CP cap. Use an IV deep dive calculator to find the best specimen for each league.

## Maximizing Stardust and XP

Stardust and XP are the two main currencies for progression. Efficient farming methods are a cornerstone of **The Unofficial Pokemon Go Field Guide**.

### Stardust Farming

Stardust comes from catching, hatching eggs, feeding berries in gyms, and battling. Use Star Pieces before a mass catch session or during a Community Day. Hatching 7km eggs from gifts yields decent stardust. Additionally, do your daily research tasks and open gifts to collect star pieces and eggs.

### XP Grinding

Lucky Eggs double all XP for 30 minutes. Combine them with:

- Raid battles (especially 5-star raids).
- Friendship level-ups (Best Friend gives 100,000 XP).
- New Pokédex entries.

- Excellent throws on high-CP Pokémon.

A favorite trick is to save several evolving sessions for a Spotlight Hour when there is a double XP bonus, and use a Lucky Egg during that hour.

## Tools and Resources for the Modern Trainer

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No unofficial guide would be complete without mentioning the third-party resources that make life easier. While Niantic disallows certain activities, many tools are widely accepted for planning.

### Maps and Trackers

Local community maps (such as PokeMap or Silph Road's nest atlas) show spawn points and nests. Use them responsibly and never share login credentials. These maps are invaluable for finding rare Pokémon in your city.

### IV Calculators and Poké Genie

Poké Genie is a screen overlay app that evaluates your IVs, checks raid counters, and simulates PVP performance. It is a must-have for serious players.

### Discord and Group Coordination

Join your local Pokémon GO Discord or Telegram group. These communities organize raid hours, share rare spawns, and exchange gifts. They are especially essential for legendary raids and EX raids.

## Conclusion

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This guide draws on collective experience rather than official documentation, which is why we call it **The Unofficial Pokemon Go Field Guide**. The key to becoming a top Trainer is not just playing more, but playing smarter. Understand biomes and weather to predict spawns. Master curveballs and setting the circle to catch efficiently. Use raid mechanics and friendship bonuses to maximize your rewards. And always leverage community tools to stay ahead. The world of Pokémon GO is constantly